

New book
1st Edition

Erich Fromm A Contemporary Introduction

By [Sandra Buechler](#) Copyright 2025
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In this passionate volume, Sandra Buechler introduces Erich Fromm's groundbreaking contributions to psychoanalysis, sociology, philosophy, political action, and social criticism. | Buechler explores how Fromm's thinking and interdisciplinary vision are able to frame discussions of dilemmas in contemporary society. She offers a comprehensive biography of Fromm, before delving into his role as analyst, author, activist, sociologist and philosopher. From her own experience as a psychoanalyst, and from the testimony of Fromm's many ardent followers, Buechler illuminates Fromm's capacity to inspire. She considers how Fromm's writing equips students, beginning clinicians and more experienced professionals to understand what can give meaning to their efforts on behalf of troubled individuals, their riven communities, and the wider world. | Assuming no prior knowledge of Fromm's work, this book offers students in clinical and social psychology, sociology, and philosophy a vital insight into his theoretical contributions. It will also be of interest to psychoanalysts, psychologists and social workers.

Dr. Buechler presents Fromm's thinking from the perspective of her own therapeutic work and experience, which is a unique and outstanding way of revealing Fromm's topicality. A very instructive book.”

Dr. Rainer Funk, Director of the Erich Fromm Institute Tübingen, Germany.

“In this work, Sandra Buechler invites us to get to know Erich Fromm in depth. Fromm’s work exerts an extraordinary, sharp, and decisive influence on psychotherapists, through his emphasis on treatment’s ethics, its context, sense of purpose, and the social meaning of any psychotherapeutic act. Buechler perfectly captures and transmits the nuances of Fromm’s writing as it influences her own clinical practice.”

Alejandro Ávila-Espada, Honorary Chair of the Institute of Relational Psychotherapy, Madrid, Spain

“Sandra Buechler has provided us yet another treasure: a profound yet personal look at the life, work, and influence of sociologist/psychoanalyst Erich Fromm, a front-row singer in what she often calls her “internal chorus.” She presents him as humanist and true multi-disciplinarian, as the biophilic lover and chooser of life for which he always advocated, as clinician and philosopher. She shows how timely, and yet timeless in a Shakespearean sense, were his concerns, as we too stand before and within a fragile yet common world, full of too much indifference. Choose life, choose love, he proclaims, as does Sandra Buechler.”

Donna M. Orange, PhD, PsyD. NYU Postdoctoral Program in Psychoanalysis and Psychotherapy; Institute for the Psychoanalytic Study of Subjectivity.