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[Relational/Interpersonal](#)
[Psychoanalysis](#)
[Self](#)
[Psychology/Intersubjectivity](#)
[Trauma and Dissociation](#)
[Affect / Emotion](#)
[Transference /](#)
[Countertransference](#)
[Attachment](#)
[Gestalt Therapy](#)
[Psychoanalysis in Film](#)
[Studies](#)

Psychoanalysis Arena es un sitio web que ofrece una extensa y completa información sobre diferentes publicaciones de Routledge, Psychology Press y Guilford Press relacionadas con el psicoanálisis y los campos afines.

Así podemos encontrar obras centradas en materias tales como: Psicoanálisis relacional/interpersonal, Psicología del Self/Intersubjetivismo, Trauma y disociación, Afectos y Emociones, Transferencia y Contratransferencia, Apego, Psicoanálisis del niño y del adolescente, etc.

La web esta dividida en varias secciones accesibles desde las pestañas de la parte superior: Libros (Books), Revistas (Journals), Folletos (Brochures), Otros recursos (Resources) y alertas de Email.

Libros: Sin duda es la parte mas importante y amplia de la web. Se trata de una extensa colección de volúmenes, que pueden ser filtrados por áreas o campos de interés (en la columna de la izquierda). Se presentan los volúmenes ordenados por fecha de publicación (primero los mas nuevos).

[Relational Psychoanalysis, Volume 4](#)

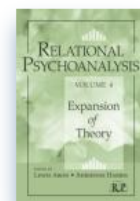
Expansion of Theory

Edited by Lewis Aron, and Adrienne Harris.

Published September 2011

Building on the success and importance of three previous volumes, Relational Psychoanalysis continues to expand and develop the relational turn. Under the keen editorship of Lewis Aron and Adrienne Harris, and comprised of the contributions of many of the leading voices in the relational...

[more about *Relational Psychoanalysis, Volume 4...*](#)



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Relational Theory and the Practice of Psychotherapy

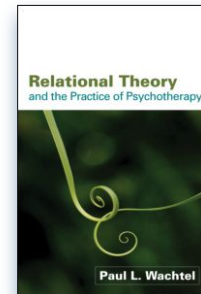
By Paul L. Wachtel.

This important and innovative book explores a new direction in psychoanalytic thought that can expand and deepen clinical practice. Relational psychoanalysis diverges in key ways from the assumptions and practices that have traditionally characterized psychoanalysis. At the same time, it preserves, and even extends, the profound understanding of human experience and psychological conflict that has always been the strength of the psychoanalytic approach. Through probing theoretical analysis and illuminating examples, the book offers new and powerful ways to revitalize clinical practice.

This book will be invaluable to clinical psychologists, psychiatrists, social workers, psychiatric nurses, and counselors; graduate students and residents in these fields. It may also serve as a text in psychotherapy graduate programs.

Table of Contents

Context and Relationship in Psychotherapy: An Introduction. How Do We Understand Another Person? One-person and Two-person Perspectives. The Dynamics of Personality: One-person and Two-person Views. From Two-person to Contextual: Beyond Infancy and the Consulting Room. Drives, Relationships, and the Foundations of the Relational Point of View. The Limits of the Archaeological Vision: Relational Theory and the Cyclical-contextual Model. Self-states, Dissociation, and the Schemas of Subjectivity and Intersubjectivity. Exploration, Support, Self-acceptance, and the "School of Suspicion." Insight, Direct Experience, and the Implications of a New Understanding of Anxiety. Enactments, New Relational Experience, and Implicit Relational Knowing. Confusions about Self-Disclosure: Real Issues, Pseudo-issues, and the Inevitability of Trade-offs. The "Inner" World, the "Outer" World, and the Lived-In World: Mobilizing for Change in the Patient's Daily Life.



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Además en algunos de estos libros es posible descargarse capítulos de muestra de forma gratuita, en formato PDF. Para ello buscamos en el apartado de descargas (Sample Chapters & Downloads), como se muestra abajo.

Psychoanalysis and Motivational Systems

A New Look

By Joseph D. Lichtenberg, Frank M. Lachmann and James L. Fosshage.

Series: [Psychoanalytic Inquiry](#).

Introduced in *Psychoanalysis and Motivation* (1989) and further developed in *Self and Motivational Systems* (1992), *The Clinical Exchange* (1996), and *A Spirit of Inquiry* (2002), motivational systems theory aims to identify the components and organization of mental states and the process by which affects, intentions, and goals unfold. Motivation is described as a complex intersubjective process that is cocreated in the developing individual embedded in a matrix of relationships with others.

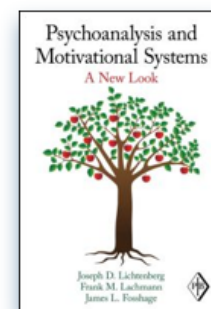
Opening by placing motivational systems theory within a contemporary dynamic systems theory, Lichtenberg, Lachmann, and Fosshage then respond to critics of motivational systems theory. The authors present revisions to their approach to the original five motivational systems, adding two more: an affiliative and a caregiving motivational system. The authors go on to suggest, using ideas garnered from complexity theory and fractals, that motivational systems theory can help us understand how a continuity of self can be maintained despite near-constant fluctuations in interpersonal relations. They then consider how the making of inferences, explicitly and implicitly, is shaped by motivation, before applying their theory to an actual human experience – love – to demonstrate the interplay of multiple shifting motivations within an individual. Last, they present new looks at the clinical applicability of their research.

Grounded in observational research of infants but relevant to psychoanalysis at any stage of life, motivational systems theory has evolved via the combined experiences of these three analysts for more than 20 years, and remains an important contribution to our understanding of the driving forces behind human experience.

Table of Contents

Dynamic Systems Theory and Five Areas of Inquiry. Revisions and Elaborations of Motivational Systems Theory: Response to Critiques. Beyond and Beneath the Motivational Systems: A Clinical Story. The Experience of Continuity and Self-sameness despite Multiple Motivational States: An Explanation by Analogy: Fractal Theory. Inferences in Clinical Process. Love: A Motivational Systems Perspective. Applying the Theory to Clinical Exploration.

Reviews



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ISBN: 978-0-415-88323-8
Publisher: Routledge

Sample Chapters & Downloads:

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Revistas:

Otro gran apartado de la web es el de las publicaciones periódicas relacionadas con el psicoanálisis. Aquí encontramos algunas de las principales revistas de referencia en la actualidad: *Psychoanalytic Dialogues*, *Psychoanalytic Inquiry*, *International Journal of Psychoanalytic Self Psychology*, etc. Al igual que el caso de los libros es posible acceder a cada una de estas revistas en vista detalle. En la cual es posible contratar una suscripción o acceder a algunos de los artículos de forma gratuita.

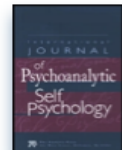
Psychoanalysis Journals



[Psychoanalytic Dialogues](#)



[Psychoanalytic Inquiry](#)



[International Journal of Psychoanalytic Self Psychology](#)

Psychoanalytic Dialogues

The International Journal of Relational Perspectives

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© 2011 Thomson Reuters, Journal Citation Reports® for 2010 ranks *Psychoanalytic Dialogues* in Psychology, Multidisciplinary

Launched in 1991, *Psychoanalytic Dialogues* was founded on the premise that within the diverse world of psychoanalysis there had developed a set of overlapping perspectives that regarded relational configurations of self and others, real and fantasied, as the primary units of human motivation and psychodynamic explanation. These perspectives emerged within interpersonal psychoanalysis; British object relations theories; self psychology; the empirical traditions of infancy research and child development; and certain currents of contemporary Freudian thought. This common relational model has come to provide a vitalizing framework within which clinical contributions can be situated and developed.

Psychoanalytic Dialogues is dedicated to facilitating debate among theoreticians and clinicians working within this array of relational perspectives. Now published bimonthly, it continues to explore common ground; to clarify differences; and to raise the level of debate within the analytic community above slogans and formulas—all in the interest of enhancing our understanding of the intricate richness of the psychoanalytic process.

Peer Review Policy: All review papers in this journal have undergone editorial screening and peer review

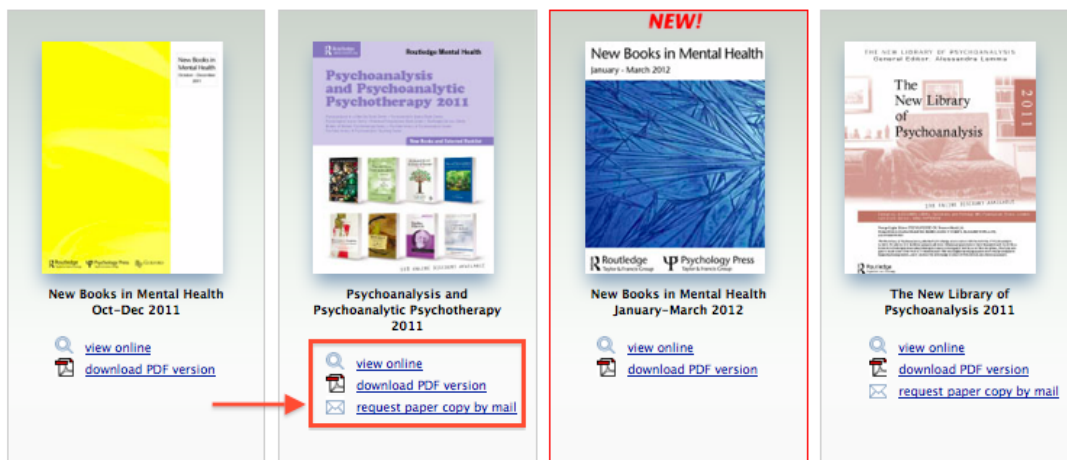


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Recursos: Por ultimo la web ofrece información y enlaces sobre múltiples asociaciones nacionales e internacionales de psicoanálisis, blogs relacionados con el psicoanálisis y un listado de congresos y conferencias psicoanalíticas a nivel mundial.